

2022/2023 Breakfast High School  
Breakfast

Crenshaw County Schools

Mon	Tue	Wed	Thu	Fri
1/9/2023	1/10/2023	1/11/2023	1/12/2023	1/13/2023
<b>Main Entree</b> Buttermilk Pancakes <b>Meat/Meat Alternate</b> Sausage Patty <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Applesauce, Cup Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry <b>Condiment</b> Syrup Cup	<b>Main Entree</b> Cheese Toast w/Bacon <b>Meat/Meat Alternate</b> Egg Patty <b>Other</b> Cheese Grits <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Breakfast Burrito Strawberry Yogurt Cup Granola Packet <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Turkey Sausage Breakfast Pizza <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Sausage Biscuit <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
1/16/2023	1/17/2023	1/18/2023	1/19/2023	1/20/2023
	<b>Main Entree</b> Breaded Chicken Breast Nuggets Waffle Sticks <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Whole Grain Muffin <b>Meat/Meat Alternate</b> Sausage Link, Fully cooked (Prairie Creek) <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry <b>Condiment</b> Syrup Cup	<b>Main Entree</b> Turkey Sausage Breakfast Pizza <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Sausage Biscuit Strawberry Poptart <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry



Mon	Tue	Wed	Thu	Fri
1/23/2023	1/24/2023	1/25/2023	1/26/2023	1/27/2023
<b>Main Entree</b> WG Glazed Cinnamon Roll & Sausage	<b>Main Entree</b> Cheese Toast w/Bacon	<b>Main Entree</b> Apple Strudel Stick	<b>Main Entree</b> Turkey Sausage Breakfast Pizza	<b>Main Entree</b> Sausage Biscuit
<b>Grain</b> Whole Grain Cereal	<b>Meat/Meat Alternate</b> Egg Patty	<b>Meat/Meat Alternate</b> Sausage Link, Fully cooked (Prairie Creek) Yogurt Parfait	<b>Grain</b> Whole Grain Cereal	<b>Grain</b> Whole Grain Cereal
<b>Fruit</b> Applesauce Cup Fresh Fruit Variety	<b>Other</b> Cheese Grits	<b>Grain</b> Whole Grain Cereal	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit</b> Fresh Fruit Variety
<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Grain</b> Whole Grain Cereal	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety
<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
<b>Main Entree</b> Crispy Chicken Biscuit	<b>Main Entree</b> Colby Cheese Omelet Plain Bagel	<b>Main Entree</b> Mini Berry Waffles	<b>Main Entree</b> Turkey Sausage Breakfast Pizza	<b>Main Entree</b> Sausage Biscuit
<b>Grain</b> Whole Grain Cereal	<b>Other</b> Cheese Grits	<b>Meat/Meat Alternate</b> Sausage Link, Fully cooked (Prairie Creek)	<b>Grain</b> Whole Grain Cereal	<b>Grain</b> Whole Grain Cereal
<b>Fruit</b> Fresh Fruit Variety	<b>Grain</b> Whole Grain Cereal	<b>Grain</b> Whole Grain Cereal	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit</b> Fresh Fruit Variety
<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety
<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
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	<b>Condiment</b> Plain Cream Cheese Cup Strawberry Cream Cheese Cup	<b>Condiment</b> Syrup Cup		