## 2022/2023 Breakfast High School Breakfast

Crenshaw County Schools

Mon	Tue	Wed	Thu	Fri
1/9/2023	1/10/2023	1/11/2023	1/12/2023	1/13/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Buttermilk Pancakes	Cheese Toast w/Bacon	Breakfast Burrito	Turkey Sausage Breakfast	Sausage Biscuit
Meat/Meat Alternate	Meat/Meat Alternate	Strawberry Yogurt Cup	Pizza	Grain
Sausage Patty	Egg Patty	Granola Packet	Grain	Whole Grain Cereal
Grain	Other	Grain	Whole Grain Cereal	Fruit
Whole Grain Cereal	Cheese Grits	Whole Grain Cereal	Fruit	Fresh Fruit Variety
Fruit	Grain	Fruit	Fresh Fruit Variety	Fruit Juice
Applesauce, Cup	Whole Grain Cereal	Fresh Fruit Variety	Fruit Juice	100% Fruit Juice Variety
Fresh Fruit Variety	Fruit	Fruit Juice	100% Fruit Juice Variety	Milk
Fruit Juice	Fresh Fruit Variety	100% Fruit Juice Variety	Milk	1% Low Fat White Milk
100% Fruit Juice Variety	Fruit Juice	Milk	1% Low Fat White Milk	Milk, Fat Free Chocolate
Milk	100% Fruit Juice Variety	1% Low Fat White Milk	Milk, Fat Free Chocolate	(HPT)
1% Low Fat White Milk	Milk	Milk, Fat Free Chocolate	(HPT)	Milk, Fat Free Strawberry
Milk, Fat Free Chocolate	1% Low Fat White Milk	(HPT)	Milk, Fat Free Strawberry	
(HPT)	Milk, Fat Free Chocolate	Milk, Fat Free Strawberry		
Milk, Fat Free Strawberry	(HPT)			
Condiment	Milk, Fat Free Strawberry			
Syrup Cup				
1/16/2023	1/17/2023	1/18/2023	1/19/2023	1/20/2023
	Main Entree	Main Entree	Main Entree	Main Entree
	Breaded Chicken Breast	Whole Grain Muffin	Turkey Sausage Breakfast	Sausage Biscuit
	Nuggets Waffle Sticks	Meat/Meat Alternate	Pizza	Strawberry Poptart
		Sausage Link, Fully	Grain	Grain
	Grain	cooked (Prairie Creek)	Whole Grain Cereal	Whole Grain Cereal
	Whole Grain Cereal	Grain	Fruit	Fruit
	Fruit	Whole Grain Cereal	Fresh Fruit Variety	Fresh Fruit Variety
	Fresh Fruit Variety	Fruit	Fruit Juice	Fruit Juice
	Fruit Juice	Fresh Fruit Variety	100% Fruit Juice Variety	100% Fruit Juice Variety
	100% Fruit Juice Variety	Fruit Juice	Milk	Milk
	Milk	100% Fruit Juice Variety	1% Low Fat White Milk	1% Low Fat White Milk
	1% Low Fat White Milk	Milk	Milk, Fat Free Chocolate	Milk, Fat Free Chocolate
	Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	\ /	(HPT) Milk, Fat Free Strawberry
		will, ratified offawberry		
		Condiment		

Mon	Tue	Wed	Thu	Fri
1/23/2023	1/24/2023	1/25/2023	1/26/2023	1/27/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
WG Glazed Cinnamon Roll	Cheese Toast w/Bacon	Apple Strudel Stick	Turkey Sausage Breakfast	Sausage Biscuit
& Sausage	Meat/Meat Alternate	Meat/Meat Alternate	Pizza	Grain
Grain	Egg Patty	Sausage Link, Fully	Grain	Whole Grain Cereal
Whole Grain Cereal	Other	cooked (Prairie Creek)	Whole Grain Cereal	Fruit
Fruit	Cheese Grits	Yogurt Parfait	Fruit	Fresh Fruit Variety
Applesauce Cup	Grain	Grain	Fresh Fruit Variety	Fruit Juice
Fresh Fruit Variety	Whole Grain Cereal	Whole Grain Cereal	Fruit Juice	100% Fruit Juice Variety
Fruit Juice	Fruit	Fruit	100% Fruit Juice Variety	Milk
100% Fruit Juice Variety	Fresh Fruit Variety	Fresh Fruit Variety	Milk	1% Low Fat White Milk
Milk	Fruit Juice	Fruit Juice	1% Low Fat White Milk	Milk, Fat Free Chocolate
1% Low Fat White Milk	100% Fruit Juice Variety	100% Fruit Juice Variety	Milk, Fat Free Chocolate	(HPT)
Milk, Fat Free Chocolate	Milk	Milk	(HPT)	Milk, Fat Free Strawberry
(HPT) Milk, Fat Free Strawberry	1% Low Fat White Milk	1% Low Fat White Milk	Milk, Fat Free Strawberry	
Wilk, I at I fee Strawberry	Milk, Fat Free Chocolate	Milk, Fat Free Chocolate		
	(HPT)	(HPT) Milk, Fat Free Strawberry		
	Milk, Fat Free Strawberry	Wilk, Fat Flee Stlawbelly		
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Crispy Chicken Biscuit	Colby Cheese Omelet	Mini Berry Waffles	Turkey Sausage Breakfast	Sausage Biscuit
Grain	Plain Bagel	Meat/Meat Alternate	Pizza	Grain
Whole Grain Cereal	Other	Sausage Link, Fully	Grain	Whole Grain Cereal
Fruit	Cheese Grits	cooked (Prairie Creek)	Whole Grain Cereal	Fruit
Fresh Fruit Variety	Grain	Grain	Fruit	Fresh Fruit Variety
Fruit Juice	Whole Grain Cereal	Whole Grain Cereal	Fresh Fruit Variety	Fruit Juice
100% Fruit Juice Variety	Fruit	Fruit	Fruit Juice	100% Fruit Juice Variety
Milk	Fresh Fruit Variety	Fresh Fruit Variety	100% Fruit Juice Variety	Milk
1% Low Fat White Milk	Fruit Juice	Fruit Juice	Milk	1% Low Fat White Milk
Milk, Fat Free Chocolate	100% Fruit Juice Variety	100% Fruit Juice Variety	1% Low Fat White Milk	Milk, Fat Free Chocolate
(HPT)	Milk	Milk	Milk, Fat Free Chocolate	(HPT)
Milk, Fat Free Strawberry	1% Low Fat White Milk	1% Low Fat White Milk	(HPT)	Milk, Fat Free Strawberry
	Milk, Fat Free Chocolate	Milk, Fat Free Chocolate	Milk, Fat Free Strawberry	
	(HPT)	(HPT)		
	Milk, Fat Free Strawberry	Milk, Fat Free Strawberry		
	Condiment	Condiment		
	Plain Cream Cheese Cup Strawberry Cream Cheese Cup	Syrup Cup		